

JULY 1, 2025

## STRATHMORE GYMNASTICS CENTRE - FALL 2025 SCHEDULE AT A GLANCE

\*Schedule subject to change  
 \*\*Minimum registration required for classes to run

| MON                                                | TUES                                                                                              | WED                                       | THURS                                                                                 | FRI                                               | SAT                                                                                   |
|----------------------------------------------------|---------------------------------------------------------------------------------------------------|-------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------|---------------------------------------------------------------------------------------|
| PRESCHOOL DROP-IN<br>See Google Calendar*          | GYMTOTS - 18 MTHS-3 YRS<br>9:30-10:15                                                             | PRESCHOOL DROP-IN<br>See Google Calendar* | GYMTOTS - 18 MTHS-3 YRS<br>10:00-10:45                                                | GYMTOTS - 18 MTHS - 3 YRS<br>10:00-10:45          | PRESCHOOL DROP-IN<br>See Google Calendar*                                             |
| MINI GYMKYDS - 3 YRS<br>10:30-11:15                | MINI GYMKYDS - 3 YRS<br>10:30-11:15                                                               | OPEN DROP-IN<br>See Google Calendar*      | MINI GYMKYDS - 3 YRS<br>11:00-11:45                                                   | MINI GYMKYDS - 3 YRS<br>11:00-11:45               | GYMKYDS - 4-5 YRS<br>10:00-10:55                                                      |
| GYMKYDS - 4-5 YRS<br>11:30-12:30                   | GYMKYDS - 4-5 YRS<br>11:30-12:30                                                                  | MINI NINJAS - 4-5 YRS<br>4:00-4:55        | GYMKYDS - 4-5 YRS<br>1:00-2:00                                                        | OPEN DROP-IN<br>See Google Calendar*              | TUMBLERS - 6+ YRS<br>10:00-10:55                                                      |
| ADULT ADAPTIVE<br>1:00-2:00                        | HOMESCHOOL REC<br>6 YRS+ 1:00-2:15                                                                | TUMBLERS 6-8 YRS<br>4:10-5:10             | OPEN DROP-IN<br>See Google Calendar                                                   | GYMKYDS - 4-5 YRS<br>3:50-4:45                    | BURG/RED/TAN (LEV 1/2/3)<br>6-8 YRS 11:00-12:30                                       |
| OPEN DROP-IN<br>See Google Calendar*               | OPEN DROP-IN<br>See Google Calendar*                                                              | TUMBLERS 8+ YRS<br>4:10-5:10              | SILHOUETTES COMPETITIVE<br>4:00-8:00                                                  | BURGUNDY/RED (LEV 1/2)<br>8+ YRS 4:00-5:30        | BURG/RED/TAN (LEV 1/2/3)<br>8+ YRS 11:00-12:30                                        |
| GYMKYDS - 4-5 YRS<br>3:50-4:45                     | SILHOUETTES COMPETITIVE<br>4:00-8:00                                                              | JR NINJA GIRLS - 6-8 YRS<br>5:15-6:30     | ADULT DROP-IN - 16 YRS+<br>See Google Calendar*                                       | TAN/BRONZE (LEV 3/4)<br>8+ YRS 4:00-5:30          | BRONZE/PURPLE (LEV 4/5) -<br>ALL AGES 11:00-12:30                                     |
| BURGUNDY/RED (LEV 1/2)<br>6-8 YRS 4:00-5:30        |                                                                                                   | JR NINJA BOYS - 6-8 YRS<br>5:15-6:30      |                                                                                       | PURPLE + (LEV 5+)<br>8+ YRS 4:00-5:30             | BIRTHDAY BOOKING<br>1:00-3:00                                                         |
| TAN/BRONZE (LEV 3/4)<br>6-8 YRS 4:00-5:30          |                                                                                                   | SR NINJA GIRLS - 8+ YRS<br>6:45-8:00      |                                                                                       | GYMKYDS - 4-5 YRS<br>5:10-6:05                    | BIRTHDAY BOOKING<br>3:30-5:30                                                         |
| PURPLE + (LEV 5+)<br>7+ YRS 4:00-5:30              |                                                                                                   | SR NINJA BOYS - 8-10 YRS<br>6:45-8:00     |                                                                                       | BURGUNDY/RED (LEV 1/2)<br>6-8 YRS 5:45-7:15       | SUN                                                                                   |
| GYMKYDS - 4-5 YRS<br>5:10-6:05                     |                                                                                                   | SR NINJA BOYS 2 - 10-13 YRS<br>6:45-8:00  |                                                                                       | TAN/BRONZE (LEV 3/4)<br>6-8 YRS 5:45-7:15         | BIRTHDAY BOOKING<br>10:30-12:30                                                       |
| BURGUNDY/RED (LEV 1/2)<br>7-10 YRS 6:00-7:30       |                                                                                                   |                                           |                                                                                       | GIRLS TEEN REC - 11+ YRS<br>6:00-7:30             | BIRTHDAY BOOKING<br>1:00-3:00                                                         |
| RED/TAN (LEV 2/3)<br>8+ YRS 6:00-7:30              | SILHOUETTES XCEL - COMPETITIVE GYMNASTICS:<br>EMAIL FOR MORE INFO! strathmoregymnastics@gmail.com |                                           |                                                                                       | ADVANCED TUMBLERS<br>6:00-7:15                    | BIRTHDAY BOOKING<br>3:30-5:30                                                         |
| BRONZE/PURPLE (LEV 4/5)<br>8+ YRS 6:00-7:30        | ★ NEW CLASS OR CHANGED TIME!                                                                      |                                           |  | FRIDAY NIGHT OPEN DROP-IN<br>See Google Calendar* |  |
| REC CHEER - 7-10 YRS<br>6:45-8:00 (12 WK SESSIONS) | *PLEASE CHECK GOOGLE CALENDAR DAILY FOR<br>DROP-IN SCHEDULE                                       |                                           |                                                                                       | FOR MORE INFO VISIT OUR WEBSITE!                  |                                                                                       |